

COMMENCING at KATANDRA SCHOOL – Term 3, 2015

AVAILABLE THURSDAYS & FRIDAYS

ORDER ONLINE UP UNTIL 8.30AM ON THE DAY THE LUNCH IS REQUIRED!

A Two Course Lunch is \$7.95 and a Three Course Lunch is \$9.75



LUNCH ITEM ONE

- Greek Style Salad with Feta and Olives (GF)
- Brown Rice & Mixed Bean Salad (GF)
- Pic(k)nic Box – Vegetarian (GF)
- Pic(k)nic Box with Ham (GF)
- Sushi - Teriyaki Chicken Hand Rolls (2)
- Sushi - Cooked Tuna Hand Rolls (2)
- Sushi - Avocado Hand Rolls (2)
- Sushi - Cucumber Hand Rolls (2)
- Sushi – Vegetarian Hand Rolls (2)
- Cheese and Bacon Roll
- Cheese and Vegemite Scroll
- Supreme Pizza Roll
- Topped with Only Cheese Roll
- Margherita Pita Pizza
- Ham and Pineapple Pita Pizza
- Fresh Tomato and Italian Herb Pita Pizza
- Spinach & Feta Pita Pizza
- Ham, Cheese and Tomato Sandwich
- Turkey, Cranberry, Lettuce and Cheese Sandwich
- Ham and Cheese Roll
- Gluten Free Ham & Cheese Sandwich
- Simple Salad Roll
- Vegemite Sandwich
- Mild Salami and Salad Roll
- Beetroot and Salad Roll
- Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
- Cheese and Salad Roll
- Wholegrain Cheese and Tomato Sandwich
- Rice Paper Rolls - Teriyaki Chicken (2)
- Rice Paper Rolls - Vegetarian (2)

LUNCH ITEM TWO

- Fresh Fruit Combo
- Freshly chopped Orange Segments
- Freshly chopped Strawberries with Red Grapes
- Apple with Lemon Juice, Brown Sugar & Cinnamon
- Chopped Carrot, Cucumber, Red & Yellow Capsicum
- Lightly Steamed Corn Wheels & Broccoli pieces
- Cherry Tomatoes with Tasty Cheese & Rice Crackers
- Cranberry Freedom Foods Bar (GF)**
- Choc Chip Cookie**
- Lamington**
- Iced Chocolate Cake**
- White Choc & Sultana Cookie**
- Hedgehog Slice**
- Fruit Bun**
- Cup Cake**
- Blueberry Muffin**
- Apple & Cinnamon Cake**
- Finger Bun with Sprinkles**
- Evia Yoghurt with Raspberry Coulis
- Evia Yoghurt with Blueberry Coulis
- Evia Yoghurt with Mango Coulis
- Tzatziki dip with Rice Crackers
- Avocado dip with Rice Crackers
- Spring Onion dip with Rice Crackers
- Gluten Free – Munchy Apple & Cinnamon Clusters
- Extra Juicy Apple Juice
- Extra Juicy Orange Juice
- Nippy's Chocolate Milk
- Cobs Popcorn, Lightly Salted
- Cobs Popcorn Slightly Sweet, Lightly Salted

LUNCH ITEM THREE/ SNACK

- Extra Juicy Apple Juice
- Extra Juicy Orange Juice
- Nippy's Chocolate Milk
- Cobs Popcorn, Lightly Salted
- Cobs Popcorn, Slightly Sweet, Lightly Salted
- Fresh Fruit Combo
- Freshly chopped Strawberries & Red Grapes
- Apple with Lemon Juice, Brown Sugar & Cinnamon
- Chopped Carrot, Cucumber, Red & Yellow Capsicum
- Lightly Steamed Corn Wheels & Broccoli pieces
- Cherry Tomatoes with Tasty Cheese & Rice Crackers
- Cranberry Freedom Foods Bar (GF)**
- Blueberry Muffin**
- Fruit Bun**
- Apple & Cinnamon Cake**
- Choc Chip Cookie**
- Cup Cake**
- Iced Chocolate Cake**
- Hedgehog Slice**
- Lamington**
- White Choc & Sultana Cookie**
- Finger Bun with Sprinkles**
- Evia Yoghurt with Raspberry Coulis
- Evia Yoghurt with Blueberry Coulis
- Evia Yoghurt with Mango Coulis
- Evia Yoghurt with NO Coulis
- Tzatziki dip with Rice Crackers
- Avocado dip with Rice Crackers
- Spring Onion dip with Rice Crackers
- Gluten Free – Munchy Apple & Cinnamon Clusters

For more information check out our website - www.classroomcuisine.com.au